

List of Continued Competency Professional Activities

Uncompensated Professional Activities Requirement:

12 AAC 44.620. PROFESSIONAL ACTIVITIES REQUIREMENT.

1. The board will accept professional activities toward fulfillment of the continuing competency requirements set out in 12 AAC 44.600 if the applicant documents
 1. completion of at least 30 hours of participation in uncompensated professional activities for renewal of a license, during the two years before the licensing period for which the applicant seeks renewal; and
 2. that the hours of participation in professional activities were earned in at least one of the following ways:
 3. work with a professional nursing or health-related organization;
 4. authoring or contributing to an article, book, or publication related to health care;
 5. development and oral presentation of a paper before a professional or lay group on a subject that explores new or current areas of nursing theory, technique, or philosophy;
 6. the design and conduct of a research study relating to nursing and health care;
 7. other professional activities approved by the board and included on a list that the board maintains; the board will approve only those activities that meet the definition of "professional activities" in (b) of this section.
2. In this section "professional activities" means activities, performed without compensation, that use nursing knowledge and contribute to the health of individuals or the community.
 - Camp nurse or sport camp nurse
 - Giving injections (flu shots, vaccines, insulin)
 - Volunteering as a nurse i.e. overseas or with peace corps, Volunteers of America
 - Utilizing assessment and treatment plan skills i.e. assessing students in a school
 - Reviewing medications i.e. in an assisted living home
 - Assisting with annual skills fair at a facility or teaching new skills
 - Volunteering in a skills lab at a nursing school
 - Providing health information, diabetic teaching i.e. at a health fair
 - Taking vital signs, heights, weights
 - Providing first aid
 - Pioneer Home, Assisting living homes, or nursing homes helping with activities
 - Volunteering in quality or infection control services in a facility with data entry or records keeping duties
 - Volunteering as a doula
 - End of Life comfort care
 - Attending nursing board or professional association meetings
 - Volunteering as a special needs assistant
 - Providing respite care
 - Providing comfort to families anywhere in a hospital, hospice center, long term care facility, home. Cannot be family members.
 - Volunteering with the American Red Cross in medical/nursing related activities

- Volunteering in an HIV/AIDS clinics, needle exchange program, providing education, STI screening

Not Accepted

- Working with a therapy dog
- Working as a medical assistant
- Working as a receptionist